



## UNITED GASTROENTEROLOGISTS

### **Upper Endoscopy Instructions (Esophagogastroduodenoscopy)**

Procedure Date: \_\_\_\_\_

Procedure Time: \_\_\_\_\_. This is an APPROXIMATE TIME. The nursing staff will call you three business days prior to your procedure to confirm your arrival time. This time may vary as much as 1-1.5hrs.

#### **PLEASE FOLLOW THESE INSTRUCTIONS CLOSELY**

- The duration of this procedure will be approximately 15-30 minutes. However, you should plan to be at the facility for 2-3 hours.
- **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE YOUR PROCEDURE.**
- You may take your heart or blood pressure medications with a small sip of water. Please refrain from taking any other medications until the procedure has been completed.
- If you are taking blood thinners such as **Plavix, Aspirin, Coumadin, Effient, or any blood thinners not listed**, please discuss this with your physician.
- You are **required** to have responsible adult driver to take you home (18 years or older), they should be available to remain with you at home. You may not take a taxi or bus.
- You will receive a phone call from the nursing staff at the Endoscopy center prior to your procedure. They will be reviewing ALL medical history, ALL medical history, ALL medications including dosages and answering any questions you may have. We understand that you may have discussed this information with the medical office, for your safety the Endoscopy center will review this with you as well.
- We will contact your insurance company for authorization and verification of benefits. If you have a deductible which has not been met, you will be asked to make a payment to the physician's office prior to your procedure.

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#### **ORANGE COUNTY LOCATIONS**

**Los Alamitos:** 10861 Cherry St. Ste. 107, Los Alamitos, CA 90720 **Tel: (562) 430-4449** Fax: (855) 833-8378  
**Huntington Beach:** 17822 Beach Blvd. Ste. 437, Huntington Beach, CA 92647 **Tel: (714) 841-7878** Fax: (714) 841-8387  
**Hoag Health Center – Huntington Beach:** 19582 Beach Blvd. Ste. 316, Huntington Beach, CA 92648 **Tel: (714) 378-2403** Fax: (714)378-2433  
**Newport Beach:** 400 Newport Center Dr. Ste. 609, Newport Beach, CA 92660 **Tel: (949) 760-0398** Fax: (949) 760-9689  
**Hoag Health Center - Newport Beach:** 520 Superior Ave. Ste. 295, Newport Beach, CA 92663 **Tel: (949) 645-1967** Fax: (949) 645-1346  
**Newport Beach:** 901 Dover Dr. Ste. 122, Newport Beach, CA 92660 **Tel: (949) 650-8700** Fax: (949)650-0877  
**Fountain Valley:** 18111 Brookhurst St., Ste. 5200, Fountain Valley, Ca 92708 **Tel: (714) 962-7705** Fax: (714) 861-4552

#### **RIVERSIDE COUNTY LOCATIONS**

Loma Linda University Medical Center-Murrieta • Murrieta Pointe • Temecula Valley Endoscopy Center •  
Center for Medical Weight Loss • Menifee • Corona • Lake Elsinore • Temecula

#### **SAN DIEGO COUNTY LOCATIONS**

Fallbrook